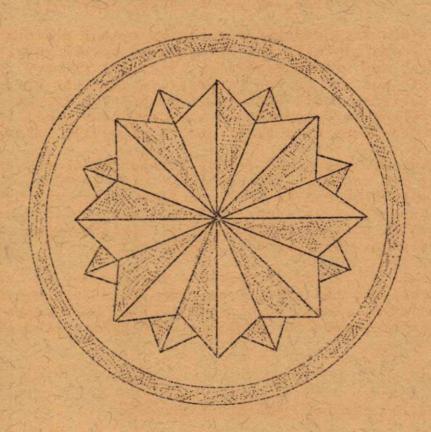
SEANCE MEMORANDA from the

Inner Circle

BSRA NO. 10-M, Part VI of the 1950 Series of Seances, Previously Unpublished, July 20 thru Oct. 26, 1950.



through Mark Probert, medium

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SEANCE MEMORANDA OF THE

INNER CIRCLE

BSRA NO. 10 - M: UNPUBLISHED SERIES, 1950, Part VI

INTRODUCTION TO PUBLISHED SEANCES of 1950, by MEADE LAYNE, Director

"These booklets contain reports of trance mediumship only, and are concerned mainly with the opinions of astral people on scientific philosophical and occult problems. They are printed for informative purposes only and not in the interest of any cult, organization or religious beliefs. Mark Probert is a non-professional trance medium who has received no compensation for some four years of service, apart from donations at a small number of public seances.

"To conserve space and reduce publishing costs, the names of the sitters are usually omitted, along with irrelevant conversation and questions which can be easily inferred from the nature of the replies. Replies of the controls are sometimes condensed but care is taken not to distort their meaning. Except where otherwise specified, all sittings were held in San Diego."

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CONTROLS IN THE ORDER OF THEIR APPEARANCE

Yada di Shi'ite, Prof. Luntz, Lao Tse, Prof. Charles Ryan, Maharaja Natcha, Sister Theresa Vandenberg.

SEANCE DATES

July 20, 1950 through October 26, 1950

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MARK PROBERT SEANCE

at San Diego, California
July 20, 1950

PRESENT: Mrs. C. Peterson, Isabel H. S. Devereux, Arthur E. Teeter, Cecelia J. Miller, Mr. and Mrs. F. C. Runk and son, Elizabeth Boddy, W. Singen, B. Neeper, Harriet Foster, Irene Probert and other guests.

CONTROL: YADA DI SHI'ITE (referring to discussion that had been going on in the room concerning possible appearance, clothing, etc., of members of the 'Inner Circle')

"Yes, I was tall -- what you would call 6' 4". Yes, there are people of many different garbs here tonight on my side -- but none interfering with one another. And in one point of 'space' here can exist, of course, not only many different things, but whole civilizations."

"You live in groups as we do?" inquired Meade.

"Yes, it is the same with you as with us. Our world is right in with yours, only you are not aware of it; and we are not aware of you unless some special condition comes up, like this. Say you were living in this city when you passed over to my side -- you could make a duplicate of this city and live in it. And yet in that city there might be many other cities, civilizations, etc.; because there is no such thing as space; it is all mind."

"Haven't we a tendency to recreate our accustomed scenes over there?"

"Yes, indeed. Now, in the case of 'hauntings', these people have built for themselves a house; they come and go as they wish, and they may not show any signs of knowing you are there."

"Sometimes they go through walls instead of doors -- do they gain that ability at once?" asked Meade.

"If the mind is fixed on making contact with the physical world again, the entity may go through the wall without thinking."

(Remainder of notes missing).

EXCERPTS FROM MARK PROBERT SEANCE

July 25, 1950

4897 Cass Street, San Diego, Calif.

PRESENT: Mrs. I. H. S. Devereux, Mrs. Ada Gunter, Mr. and Mrs. Rannenberg, David Blaikley, Katherine Kent, Harriet Foster, Irene Probert and other guests.

CONTROL: YADA DI SHI'ITE: (First reciting mantram in YU language, invoking protection and blessing on the room and its occupants. Then in English:

"Good evening, friends. Let us always, when we gather together, do so with the feeling in our hearts that we wish to learn something from one another. If man needed not a companion, he would never have had to come into this physical world en masse; each one could have come and had a form of physical experience alone. It is the sharing that makes all things that we feel through the senses much more beautiful and much more worthy of our attention.

"Man is seeking above all things to have some comprehension of himself; for it is only when the individual gets to understand himself that he truly comes to love his fellowman. The condition of your world to-day has been brought about by man's lack of desire -- not only to comprehend himself, but to try to understand others.

"You, my friends, are living in a critical time. Your civilization has reached its peak. We of the 'Inner Circle' have always tried to refrain from speaking unhappy thoughts. Nevertheless, the time has arrived when we must stop that. We must make things plain -- as plain anyway as we see them. And the plain fact is that your civilization is on its way down.

"Now, it may appear to you that this is a terrible thing -- a great disaster; but let us try to assure you that it is not. It is change; and in the eyes of the undeveloped it appears to be a great catastrophe. It has often enough been said by all of the great thinkers that change is the only permanent thing in consciousness, whether you call this consciousness physical awareness, or one of the many astral plane awarenesses.

"Change is the most important thing man has. Without it there could be no existence whatsoever. But why do we fear change? It is not truly the change we fear but the unknown quantity that lies in this change. There is always a question mark of uncertainty, but we who are seeking the truths of life should try to understand that no mystery really exists; there is nothing hidden if we truly desire to know. It is the lack adaisical way of the Western world that has led the people to believe in nothing but physical existence. The minds of the people are so deeply engrossed in making a financial living that they seem to have but little time for anything else; and in order to ward off in some degree the great pressure that this has created upon the individual, he seeks frantically to lose himself in pleasures when his working hours come to an end — frivolities, froths of life!

"Now, we of the 'Inner Circle' do not say froths are evil, that frivolities are evil. If man is to have true balance, he must give himself to experiencing all things, and knowing the things to segregate and bypass as he advances mentally, the things to leave alone after he has had a few experiences with them to know what they are.

"Some children never become adults, because they do not wish to segregate. The toys of their childhood they still wish to play with in adulthood, and if you try to take any of these toys from them, they will not think well of you, and they may attack you. They are lost in their little world. Every now and then, however, in that little world something happens to the cherished physical body, and this shakes them into wakefulness with a wonder as to what life is all about ...

"If the individual could only come to understand that he is God, how great would be life in the physical body! How much true love would be spread among the people! But it seems to me that the Christian doctrine, as taught by the temples, is a doctrine of fear, of hatred, of class, of pretence. My friends, the Christian religion, the mystic side of Christianity, the original teachings as given by the Master Jesus are beautiful beyond words! And they are precisely the same teachings as have been given by all the great Teachers since man's first appearance on the physical plane. Man is born of love -- and the priestcraft, the witch-doctors of the Christian religion have sowed seed that have brought great evil upon the Earth when they turned those teachings around and taught that man was sinful, was evil. Now, have any of you something to say?"

"Yada, will you explain to us the light that in ancient times was used in the temple, the light that never went out -- what was the base of it? What caused this light to burn continually without oil?" inquired Katherine Kent.

"Where, please, have you heard of this?"

"In the writings of H. P. Blavatsky and Manly P. Hall, one of our great thinkers. Have you heard of this?"

"Oh, yes -- but I am just considering the advisability of speaking of this, telling from whence it springs. In these writings it has been spoken of, but not told, I think, where it comes from."

"It is mentioned in the Zoroastrian teachings," said Mrs. Devereux.

"Yes, the Zoroastrian -- shall I say religion? - no, belief -- is one of the most ancient. Now, if these teachers who knew of this in your living world have not seen fit to tell you how this is, do you think I should?"

"That is for you to decide; if you think we are not ready, then we will just drop it," said Katherine.

"One explanation is that there is always an Invisible Helper there, attending the light," suggested Mrs. Devereux.

"A moment, please, while I see what I may say about this." (Yada speaks aside in YU language for a few minutes, then returns to explain).

"Friends; all things, everything is energy in motion -- and when one learns how to set certain types of energy into certain kinds of motion, he can create everlasting heat, flame. Fire is a form of activity; it is not something in itself. However, everything comes right down to the one point which we shall call -- for the want of a better English term -- radiant heat. Out of it you have the physical world; different degrees of it, you have different worlds. So -- in seeking an answer to the question -- the formula for such could be any physical matter with a changed vibration, a changed rate of motion, that will produce heat, intense heat.

"Now, you may change the form of everything -- this you well know -- but you cannot change the substance of which it is made. The transmuting of one element into another -- lead into gold, or any of these -- is merely a matter of changing the motion of what you call the atom of the chemical.

"The original substance -- if one can call it substance -- that brought the physical world into being was two forms of molecular motion called heat and cold. Now, it is said that heat is nothing in itself; nor is cold a thing in itself; they are both one and the same thing -- different degrees of it. However, when these waves of heat and cold are sent together, they will create an explosion, which creates heat, which creates moisture, which creates friction, which creates sound. Even the atom has its own rate of sound, its own tone.

"Now, I do not know that your scientists are aware of this, but we are! When an atom is projected at another atom, they do not collide with one another; there is no touching. When one atom is projected at another, the speed at which it is travelling and has been forced to travel creates a tone, a vibration that is extended away from itself in circular waves, and it is equal to the weight of the atom.

MARK PROBERT SEANCE August 3, 1950

CONTROL - YADA DI SHI'ITE -- as usual, speaking first in the YU language, and then in English:

"I am glad and honored, my friends, to be with you again, and I shall be most happy if I can serve you in any way -- One can do nothing for another unless that one wishes him to do it. It is futile for one to say he is doing anything for another -- because he is not. We do not give;

the others take. You can only make the gesture of giving, but unless the others reach out, you are wasting your time.

"And now, my dear lady, (to one who has just returned from India) you know that you did not need to step out of your house to get the wisdom you sought -- though I know you had a very fine experience in your travels."

"Yes, I did -- but I found that the gurus did not talk much," replied the guest.

"No -- and that is a good idea; India is full of these gurus who do what they can to teach; they know they will gain growth by that. My friends, many think they are doing an entirely selfless act in helping another, but everything comes back to the self, for everything flows away from the self. So, friends, every time that you do a good act, think to yourself: 'I thank God that I am able to do this', for in so doing you are advancing yourself. My friends, this is not selfish. But you must not think of getting something back: say, rather, to the one to whom you give, 'Give it to someone else, not back to me'. So that good act is like a ripple started in water, ever expanding, going farther and farther between endless shores. But when you become grasping, you not only stifle your own growth, but the growth of all around you. You must remember that there is nothing that you own -- not even your physical body. You borrowed it when you came into the physical world -- you borrowed the chemicals of which it is made when you made your body to come into the physical world -- and you did make it, and therefore you are responsible for everything that it does -- you, the 'I' that lives in you, that is never born and never dies.

"Now, my friends, for those who are here for the first time this evening, I will say that I am Yada di Shi'ite -- though that is not exactly a name, but a title, meaning 'Head of the Shi'ite Tribe'. I came from a civilization called 'YU' that existed in the Himalaya Mountains 500,000 years ago. Great storms swept that civilization to complete destruction. The Chinese and the Indian peoples today still worship those mountains because they have an inner knowledge that it was formerly their home.

"This civilization, I said, existed 500,000 years ago, but your scientists and anthropologists, I am afraid, would be extremely doubtful, because they believe that man as a civilized being -- so-called civilized -- did not exist at that far distant time. Please permit me to say that he existed long, long before that -- that the world in which you live has been many times destroyed, that the human being, as a humanbeing, has been wiped off the face of the earth five different times; that this earth has been swept from one end to the other -- if a sphere can have an end -- by the most terrific rains and the raging of waters across this earth; there have been tremendous earthquakes; and the earth has been driven off its orbit into the darkness of outer space, where it remained for many years in which there was absolutely no sunshine.

"Once, too, this earth was surrounded by a huge globe of ice. This is where your 'Ice Age' originated -- not from small falls of ice from the North or South Poles came sliding down across the world -- no, but from outer space. For when this great globe of ice broke, it rushed towards the earth. Now, we have spoken of all this before -- and of the huge animals found locked in ice, in perfect condition, food still in their mouths and in their stomachs not yet digested. Your scientists have thought that the ice came down and caught them there and froze them, but I want to tell you that, if that had been the case, the ice coming down that fast it would have crushed them to pieces. From outer space came the ice and the approach of these great barriers of ice to the earth created the most terrifying cold you can imagine, and these things froze right where they were. It was instantaneous. This is an exceedingly good subject for a heated debate in case we should want to indulge in one at a later time!"

"Who wouldn't know better than to attempt a debate with you, Yada?" remarked a guest.

"Thank you -- but remember this, no matter how smart one becomes, it is very likely that, in the middle of your cleverness, someone clevere: will come along and show you up! So, it is best that one remain humble in all that one may acquire of knowledge; and do not acquire knowledge unless you can use it. That is what many today are doing with food, they are hoarding it, and believe me, it shall be of no good to them. Now, are there any among you who have questions you would like to ask, or some thing to say to me?"

(Meade Layne asks about changes in the manuscript of the book being dictated by the 'Inner Circle', and Harriet Foster mentions that Professor Luntz had said that he wished to make some changes in his part of the first chapters.)

"You wait until he comes to my writing! For we cannot always express ourselves as we wish while speaking clairaudiently to the Boy. There are many phrases and words that he does not understand, and we have to stop and go back and find a word that is suitable for his brain. But, with your permission, I will leave the revisions to Professor Luntz. Now, what have you to say to me?"

"Yada, who is it that in our Western occultism we have never heard of this Low Etheric, the region between the physical and astral worlds?" asked a guest.

"Much of what is found in writing, while it is of great importance to the occult student -- well, the truth is that there are certain things that are not written, but are handed down from father to son, from generation to generation, by word of mouth -- and why I do not know why it has never been given to the Western teachers, I do know that it is one of the most important things to learn about -- for, if we are to assume that we survive the physical life, we have to go deeper and turn upon that fear that we do not survive the light which we refer to as the EYE (or 'I'.

"Now, when we come to the uneducated individual -- uneducated as to the inner workings of life, who knows nothing but physical life -- we find that he goes into the Low Astral plane. Now, this word 'Low' is not a good one to use, for it puts a stigma upon those who enter it -- and this is bad. It is now low -- it is just a state of consciousness that is suited for these individuals. It is as in your schools: you would not expect to have a child that is not too bright go right by the first grades to the fourth or fifth. But when the individual learns, he finds that the Low Astral can be termed 'the death consciousness.' Now, when an individual really learns and understands the inner workings of life, he can go through this state of consciousness and not even be aware of it, and enter into what is called the Low Etheric. Now, the Low Etheric is much nearer to the Earth in consciousness than the Low Astral. The individual that is unlearned will go into the Low Astral and return here, and go there and return here until he has acquired sufficient knowledge to pass through and beyond that state of awareness.

"Now, we must not think that this Low Astral is a place like this -and yet it is. It is something of a paradox. By that I mean, many people who go to this Low Astral are aware mostly of themselves and their desires. Your desire takes you where you go. You cannot escape this law Now, some of you may think that there is a set and definite thing called 'evil' that puts these people in that condition, but it is not so. That individual does not know about anything that does not excite his desire body, so for him it is good; he is in his own heaven. He is not suffering; you do not need a priest to pray him out of it; he likes it, and he would resent such action on your part. It is the same right here: you meet people in all walks of physical life. A preacher comes and says, 'My friend, I want to save you!' Maybe he doesn't want to be saved; if he did, he would not be in that condition. Wherever you find yourselves as individuals, that is where you want to be. You may make excuses, you may say, 'Not me! I am in a very bad position, but I did not ask for it; my enemy, or what I thought was my friend, they got me into it; I am not responsible.' Now, if such beliefs as that make you sleep better, then hold on to them. But let me tell you, you will suffer much more with them than if you come to the understanding that whatever happens to you, you are definitely responsible for."

"Yada, will you tell us something of life on the Etheric planes? Is such life open to you on the Astral?" asked Meade.

"Some of us of the 'Inner Circle' have been permitted to extend our consciousness to the Law Etheric at times. There is to be found all that may be called the energy flow that supplies the life to your plants and to your animals. There are conditions almost like your physical world, only in greater size. There the human being, if he so desires, can take on any size of body that he so desires, from the most minute form, that could not be seen by the physical eye, such as the atom, to sizes large beyond speculation. For size is another thing that does not exist; it is only comparative, relative. Now, if you had a body out in space and there was nothing else around that body, and that body was tens of billions of miles high, wide and deep, it still would be non=existent. Why:

Because where could you say it was in the greater vastness it is in?
And if you, as a consciousness, were able to get out into this great
vastness and observe this body, you could go so far away from it that it
would look like one of your pinpoints of light. So, we must think and
be careful when we talk of size. The only way man has of understanding
anything is by comparison for there is nothing that exists in and for
itself."

"Are there people existing in the Low Etheric?" asked Meade.

"Yes, human beings, just like you, all manner of men. Let us go back to the origin of the Earth: it was from that level of consciousness called the Low Etheric that the Earth and all that you see in the great heavens came."

"Were these people ever incarnated on this level?"

"No. They are, in a way of speaking, replicas of the human, but they have not yet taken form into the physical world."

"Are they born into the Etheric plane, and do they die there -- in some sense of the word?"

"In order to go into what is called the High Etheric, there is a form of death -- yes. Birth never came about through the force of Kundalini until the physical world came into existence; and then birth did not come about like that for many thousands and thousands of years. I do not know if I can make it clear to you or not -- but by certain tones, harmonies, a being came into awareness on the Low Etheric."

"Do these people have a civilization and a culture?" asked Meade.

"They do, so vast that it is beyond description. It is from this that your 'flying discs' come, from Etheric levels. Please rest assured that these discs have nothing to do with the Earth, and have nothing to do with the terrestrial bodies in the sky. They are the gathering or condensation of matter to your physical way, so that you may see them. When these things disappear, they do not rush or disappear in distance; they disappear to your dimension.

"This colored cloud that was seen in your sky -- it is a form of matter condensing to your rate of vibration, and were it to take a complete solidness, it would select one color from all those, for it is heat matter."

"Why do so few people see these things?" asked a guest.

"Sir, they have been seen by literally millions of people all over the world -- and more, they are not only coming now in these your days, but they came and have been coming all down through the centuries of man, whenever the necessity arose. And what is the necessity on this occasion? Your civilization has reached its peak and is going down. Now, I do not think that you need become excited over this. Whatever happens to the world in the time that you are in, it has happened before, and you existed in those periods too on the Earth, you left it and you came again to the Earth at another time. The worst thing that can happen to anyone on the Earth plane is to lose their physical-chemical body -- but if they had been taught from the time they were little babies, they would not be afraid -- they would take all things as a matter of course -- natural. Life would flow, like water going downhill, instead of struggling up."

"Can you tell us anything more of these Etheric people -- their culture, their lives? Such knowledge is practically non-existent in our Western world," said Meade.

(Yada asks to be excused for a moment while he consults with other members of the 'Inner Circle' -- in the YU language -- as to how much may be told. Then he speaks again in English):

"Sir, I will endeavor to take a special time with the Boy and speak to him so that he can write. There are some things we cannot say under these conditions, please."

"Yada -- will you tell us if the 'Inner Circle' still wishes us to make arrangements for the large meeting?" inquired a guest.

"We have decided to let that slide by for the time being; other things have arisen that demand our attention for the time. And more, it was somewhat our opinion that our words would not be too cheerfully accepted until the fright be more frightful. Now, friends, I will go."

(Control withdraws).

CONTROL: PROFESSOR LUNTZ:

"Hello! It is a great pleasure to me to be here and see so many happy faces in time of war. War as a rule breeds a dour look. Friends, let us not be dour, let us not be sour! Now, I believe there is a bit of business in connection with the book manuscript on the agenda tonight, so if you will be a bit patient, I will take that up with Dr. Layne first What did you have in mind, sir, in that connection?"

(Discussion follows with regard to use of the term 'Light years'.)

"There are one or two sentences that do not seem to be quite clear," said Meade.

"Yes -- I realize of course that the term 'light years' is a distance measurement - (Puts hand to mouth) - Have I got a moustache?"

"A slight one -- not an entire moustache, but the beginnings of one! said Harriet.

"Well, I felt a bit of hair there -- I wasn't just sure what it was supposed to be. In my time, we grew really proud ones -- fat ones and jolly ones -- one could guide oneself with it."

"Handlebars, eh?" said Harriet.

"Yes, quite! Now, sir, with regard to time and the mention of 'light years' in comparison, -- you may, of course, change it to something like 'billions of years' if you wish; however, it has been sold to both the student of physics and to the average layman that 'light years' actually represent something. They don't really -- for light does not travel; light is a constant. Do you wish to debate that with me, sir?"

"No -- but that concept, of course, is not familiar to our physicists, so far as I know, but it is no doubt intelligible. As we were saying last time, we measure the speed of light in our dimension, and there is a time lapse between the departure of the ray and its return ... so we will have to assume that - (notes missing)," said Meade.

"Of course, sir, it will have to do until your measuring instruments become somewhat better, somewhat more understandable."

"Would a perfected apparatus show no time lapse at all?" asked Meade

"Quite, sir -- and in the course of what is called time, it will be found that this will be true. In every century, you find your science debunking the science of the century before ... where, for instance, could they have gotten such an idea as that the Earth is flat? And yet they got along very well with it, didn't they? It didn't seem to give anyone any excessive pain. There is no such thing as a set law. On that assumption, sir, you may find room to debate what I have just said that light does not travel ..."

"May I ask what is your definition of light?" asked a guest.

"Well, perhaps it could be called 'molecular motion'. Light is the essence of heat; heat is the very heart of what your scientists call the atom. This is what your sun is made up of: radient heat particles."

"Could you say that light is a disturbance of the molecules?" asked the guest.

"Yes, sir -- a progressive disturbance -- and an energy."

"Then it is the energy that travels through the molecules?"

"Yes -- but not travelling ... Space -- this that you call space and find yourself walking around in, we claim, is a hundred thousand times denser than any known matter, solids or solidified matter that you have. And this that you call <u>light</u> is a particular kind of vibration -- not motion, but vibration, scintillation -- based on what is called the quantum theory, or periodical spacing. Now, sir, if you come to any

conclusion apart from mine, my small opinion, I would love to hear it. Of course, we do not claim that we are always right, we do not claim that we have the edge on what is called knowledge -- not by any means. Because man goes through the state called 'death' that does not mean that he becomes improved mentally whatsoever."

"In regard to this <u>light</u> question -- don't you mean that light does not travel, yet the vibration is transmitted from molecule to molecule, and that the instant that the source or the occurrence that causes the light is transmitted instantly from one molecule to the other by vibration, just as when I hit one side of this chair, the other side of the chair moves at the same instant?" inquired a guest.

"Quite so, sir."

"And that is the way that the light is transmitted? The light itself doesn't travel, but it's just the vibration -- and the instant the light takes place, one molecule knocks against another, and another -- right down the line, just as though you had a string of pool balls: if you hit one, the one on the far end moves; that vibration is transmitted from one to the other."

"It is a time process, however," stated Meade.

"It is a time process according to your way of thinking time. Hmmm. Let me ask you -- suppose we have as you say - tonight; it is dark out, and so we call it 'night'. A few hours from now it will be light, and we call it 'day'. Now, why does this changing from dark to light cause one to age, or something to deteriorate?"

"I suppose because we have mentally given it that power," answered Harriet.

"We don't really say that it is a cause, but an accompanying phenomena," added Meade.

"Accompanying what?" asked the Professor.

"Changes in organisms; an organism grows old, and at the same time, time passes -- whatever that means. It is not necessarily that one cause the other; we do not say that day causes night because one follows the other," said Meade.

"It seems, however, to me that that is what most of your teachings are based upon. Once we said that the thing that causes people to age is boredom."

"Isn't it just thought?" asked a guest.

"My dear, I do not know of anything that is not thought. Now, I am going to give you all an opportunity to laugh, if you so desire; nevertheless, when you are laughing, consider it, and sleep upon it for a day or two, and see if you can make anything out of it. With the proper training, an individual can bring into manifestation -- physical manifestation -- a physical object. Now, I would have to go into a lengthy discourse to make this picture understandable, and I don't think that I should take up the time with it -- but, I would say this is part of the method of so doing -- and this is one of the reasons you won't try. To begin with, you have to first cleanse the body, and from there on you have to spend several years of rigorous self-denial. You have to be able to retain in your physical body the Kundalini energy. You have to know how to concentrate right down to a fiery point, so that nothing outside of that you want to concentrate upon is right there. Now, how many people can do that?"

"No, we of the West are not so trained," said Meade.

"No, but -- as the lady who has just returned from India says -these gurus, teachers, faqueers, there are able to sit and do nothing,
not even talk, for endless hours at a time. You do not suppose they came
to this overnight? No -- but the minute you sit and try to concentrate
on some one thing, the first thing that happens to you as a rule is this
-- itching. Your body immediately becomes aware that it is being neglected--and it resents it, so it calls back the awareness to itself -'Here, come back here; Remember me? You can't get away that easily'.
And the Western people say they think! Do you think? It is the kind of
thinking that is good only for advancing in mechanical gadgets. As for
doing your inner self any good with it --"

"But do these faqueers, these gurus in India, do any good with their meditation? I can't see that they do. They just sit there, while the people starve," stated a guest.

"There is one great trouble in India, and that is, the people of India have reached a state of mind where they have come to the belief that there is nothing they can do, because it would gain them nothing by doing it. This is also the trouble in China. Now, there is some hope that India may come back to its once-great state of civilization -- but there is none for China. China is hopelessly lost. The greater part of Europe will be destroyed in one way or another.

"Now that we have come to the subject, we will talk a bit about your strife today. We have said before that there is not a possible chance that Communism and the democracies can live on this planet together in harmony. That alone should tell you there shall be a great war. Your chances of surviving it depend entirely upon your own actions. Don't think that you can flee out of your cities and towns and find safety — for if the true chaos comes — I said 'if' — I mean when — there shall be no safety anywhere unless the Americas strike fast, with all the power they have."

"Would you include the atom bomb?" inquired a quest.

"My dear sir -- I would not include anything. I would not say anything about what to do, in that respect. I have no desire to suggest to you the use of any weapon of war for the purpose, that murderous purpose that man has instigated ... I am only saying that your chances of survival lie not in fleeing, but in staying where you are and being as useful as you can in whatever direction you can."

"And yet you say we should strike as fast as we can?"

"Yes, I did say so, and I still say it -- to strike -- but I don't say with what. You must use that yourself; I am only saying that if it is not done ..."

"You were speaking awhile ago about physical or cosmic light -- what can you say to us regarding the Christian teaching that Christ is the Light of the world?" asked a guest.

"As many of you here know, I once was a minister of the gospel. This, of course, is my field -- more so than all the rest. I now have two sides of the picture: once when I lived in the physical body; and now. You speak of the Master Christ, Jesus the Christ, being the 'Light of the world' -- Sir, all the people who attain what is called the Christconsciousness become the light of the world. This attaining of that kind of awareness has taken many lifetimes. All the teachers, all the great Masters -- and there have been many, many of them -- have taught the same things. They have come to show man that he is a great being, and has a tremendous heritage. And, strangely enough, it seems to appear that they have failed in their mission -- all of them. They have not brought peace, nor kindness, nor understanding, nor love to the world. They taught this, they gave it -- yes, quite -- but in the giving they who came to take became blinded by the fascinating personality of these Teachers, and did not hear the teachings. They fell down and worshipped the man Jesus, exactly as they did to all the great Teachers -- and as they still do. Is it not said, 'You have ears and you hear not; you have eyes and you see not'? This is true; for you are seeing and hearing only with the physical eye and ear -- and that is why man -- and when I say 'man' I mean man at large -- has failed to gain anything more.

"Those teachers did not come to save the world; they did not come to have their light glorify the earth. They came to those who were already on the border of awakening out of the slumber of material beliefs. Every one of those great Teachers, my friends, were martyred in one way or another - persecuted. But I can tell you this: this man Jesus did no die on the cross, was not crucified by the people. This has been taught to the people in order to stir up sympathy. To look and see a person suffering the tortures of the damned of course is going to stir up the emotions, and the person will say, under the influence of this emotion, 'Oh, look at the terrible suffering He went through! Imagine myself on there!' That is really what is going on in the mind; they put themselves upon the cross, and because they sense, themselves, the physical suffer-

ing, they become very sympathetic, and very repentant. But it is not a real repentance; by the power of their emotions, they have been captured.

"The stury, the true story, my friends, is much greater than that, much. The Crucifixion was an initiation. Every Teacher has some mythical story, started in one way or another, concerning him. In the case of my honorable colleague, Lao-Tse, it was said of him that his mother carried him, that she did not give birth to him for eighty years, that he was born an old man. Now, this may seem to you ridiculous -- and yet you do not question the virgin birth of Christ: 'Oh, that is quite believable! Even our scientists will prove that!' Oh, no, no! Now, I can reverse the picture here and tell you that a child can be born that way. You have heard of stigmata? What do you suppose brings it about? Desire! An internal desire. Perhaps an infernal desire, I don't know."

(Meade mentions new reports of stigmata on the body of Theresa Neumann.)

"It is by this peculiar state of mind that you cause various chemical changes to take place in your body. Medical history shows -- if you can believe anything in medical history -- that bits of bone and teeth and flesh and hair have been found in uterus growths -- tumors. Under the proper conditions, that could have become a full-blown child -- or entity, or being, or man -- whatever you desire. It is this power of suggestion of the mind upon the body that creates the forms of activity like this of Theresa Neumann, - have any of you seen pictures of her? If so, you have seen the bleeding of the forehead where the thorns were supposed to have been on Christ, and the penetrations in the hands and feet. This is because she, mentally, has made herself one with this idea -- the Christ idea, and the suffering. There is nothing phenomenal about it -- though I suppose the Catholic church will canonize her and sanctify her after she is dead some twenty thousand years -- or perhaps only some two hundred or five hundred years. How foolish! She won't appreciate it a bit when she gets to realize the truth of it. Right now she is under the domination of the Catholic church and the Catholic teachings, which of course are good for her and for all of those who desire to follow them -- or whatever you desire to follow. The question is, what makes you happy? Do you enjoy what you are doing? If so, do it."

"Has Jesus, the Christ, ever returned to Earth?" asked a guest.

"No, he has completed his mission upon the Earth. In other words, he has completed his last round in the physical body."

"I mean, as a Teacher -- as you are coming, and others come," said the guest.

"No -- there are vaster, much vaster spheres for advanced minds. This that you walk around in is merely a mote in the vastness of things. So why should a Great Mind that has acquired the knowledge that He has, concern Himself further with the inane goings-on of the human being?"

"Was not Jesus much older than thirty-three years when He passed on?" inquired a guest.

"Did you ever hear of a really old person acquiring very much sympathy or being bowed down to by the vast herds of people? No -- they did proper the Teachers when they wanted the people to believe these things; they made the man so that he was a nice age, and in all the pictures of him you will notice how strikingly good-looking he is. This is all playing up to the emotions and to the hero-worship. Could he not have been a wonderful soul and been black, and homely beyond words; been runty and broken-backed, or something?"

"Surely -- we have the Mahatma Gandhi as a point in case -- he certainly could not have been called physically beautiful," remarked Harriet.

"Yes. Man is forever bowing to personalities; playing up to egos -- mostly to his own; and therefore he expects someone to kowtow to him."

"There never has been an authentic picture of Christ, has there? Aren't they all just the artist's ideas?" asked a guest.

"You are quite right -- and here your teachings in the Bible speak of the time when Christ was placed within the tomb -- 'and the angels came and rolled away the rock' -- that is what they tell you had happened to the body -- the angels took it. Friends, this man, this Master, did not die the way you will die -- and you will not die the way you are now dying sometime in the future of your life's expression on the Earth. This body is made up of energy -- energy that you brought into being through your way of thinking, and you will have to learn, sometime in your life's experience -- perhaps not in this one -- that you can disintegrate this physical body and take it with you wherever you go; for you shall be able to reassemble it at will. Every time an individual passes through what you call death, the way I went, we are wasting energy."

"The modern saying is that Jesus never lived -- that the whole story is symbolic of our awakening to the Christ-idea, dissolving the ego -- and that is the picture of Jesus on the cross -- an allegory of every man," remarked a guest.

"That is quite right; that is it - but you can't at this late date wipe out the teachings of the priestcraft and of what I sometimes call - though I do not wish to offend anyone - the witchdoctors of Christianity, have spread abroad, the better to sow fear among the people."

"The man Jesus did not ever live on Earth?" asked a guest.

"Jesus is every man -- " interrupted another guest.

"'Jesus' is a name, is it not? All right. It is then a tag, a label. It could be any individual -- and it will be every individual when they arrive at that point of awakening."

"What about the historicity of Jesus?" asked Meade.

"This, the original thought, was put out by certain secret Orders, with right and proper intention, to help awaken the people."

"You do not accept the historicity of Jesus?"

"No, I do not. Some have said to me, 'Was not this Jesus a slave?'

"Was not there a very pure soul named Jesus in Palestine?" asked a visitor.

"Have you heard of Krishna? You have heard of Christos, and Christus? Let me say this, to every race of people comes a great teacher. This particular Teacher did not have to return to the physical-chemical world, but did so because he had a certain mission to perform — a mission that he saw was necessary. This man was sent by the Inner Great — I don't like to use words like that 'Great' — by the Inner States of Consciousness, through his desire to be of service one more time upon the physical Earth — and so a story was made up about him. Does this lessen the man's greatness? Yes, the man — but not the Christ Consciousness idea. Man always wants to see the Great that calls Himself a teacher or a leader or becomes a hero in the eyes of the public — they endeavor to make a martyr out of Him every time. And so they concoct stories of their own after hearing the first story put out by the Great Teachers."

"It is not quite clear to me whether you take the position that ther was a historic personality about whom the Christ story centers," said Meade.

"This man -- this idea of a man called Jesus was intentionally -the story was intentionally sent forth among the people. But there was
no such man. By that, I mean to say it was not as your Christian Bible
makes it out to be, nor -- in many instances -- as some schools of
thought on the occult matter make it out to be."

"But you did say that there was this High Soul who wanted to come back once more to the Earth?" inquired a guest.

"Yes; and they used him as a point to attract the people in order to make and build the School around him. That was all that was necessary; from there on, the people took it."

"This High Soul you speak of -- was he incarnate?" asked Meade.

"No, sir -- he did not; he appeared."

"Then who was the Great Adept who went through the 'crucifixion' -- the initiation?" asked Harriet.

"Whatever one goes through, one may reach the state of adepthood; it is symbolic."

"There is no factual initiation on our plane?" asked Meade.

"Of course there is a form of such an initiation -- yes; but not necessarily to an individual called 'Jesus'."

"I mean, was there an initiation like this? Was there such an event?"

"Oh, yes -- surely."

"And that event is called 'The Crucifixion'?" asked Meade.

"It is called 'The Crucifixion' -- and what does it mean? It means the crucifying of the physical. It means the relinquishing, the letting go, the losing of belief -- "

"The belief in separateness?" asked a guest.

"That is right."

"It means the losing of the belief of separateness which originally created the ego?" asked a guest.

"You are quite right, and some of your greatest writers have done quite nicely with this story of the historical man called 'Christ'."

"As far as I can understand, we are still left to believe in the individual existence of the individual adept who went through some kind of life experience here; is that correct?" asked Meade. "Is there any clue to the identity of this man? Is there any other name than that of Jesus? The occult Orders have such a Master."

"Assuredly, assuredly! I do not deny that. Friends, this is the kind of argument that leads, like the argument of space and time, nowhere in particular."

"It is important to us, because if we think we have this actual Master we gain something; also, we believe that this Master was so great that we can never reach the same heights; therefore it is much more help ful to realize that we have the Master in ourselves," stated a guest.

"It is, indeed; and while it is nice to feel that you have a goal that He is a kind of a goal for you to strive towards -- you see, the
Great Teachers of the Earth knew that man would need to have a substantial, concrete something to set his course upon; to give the people abstracts would be of no worth. What they knew would be necessary would
be the stirring up of the emotions. In order to truly hold a crown in
sway, in order to truly impress your teachings upon a people, you must
get emotional with them, in order to stir their emotions."

"Even if it is only excitation?" asked a guest.

"That is right, and that is what it is today - excitation. That's why we here of the 'Inner Circle' will not permit that. We do not desire that you become emotional! We desire that you reason; that you sit and -- if you wish -- coldly reason. And you will find that this cold reasoning process will give you a far better understanding that won't appear so cold to you."

"Whether born miraculously or not, the impress of this man upon our lives has been so great that we date everything before or after Christ. If not coming from the Great Force, or God, how can we explain that?" asked a guest.

"I think that you will find that your system of time reckoning as before or after Christ is mostly stemming from the Christian way or teachings, and does not exactly hold true the world over. For there have been teachers who taught precisely the same things as this man called Jesus, and thousands of years before this man Jesus. For instance, there was Krishna, who came to the Earth hundreds, thousands of years before Christ, and he also had these twelve apostles, he also had this mythical, a mystical birth, it is said. And he went through almost everything that the man called Jesus did. Do you know, sir, who brought about this propaganda as to Christ, Jesus, being the only Master? A very, very intelligent man -- Constantine. Good old Constantine! Do you know that he had something like 700 and more archbishops or heavens knows what, who were to decide how and what in the way the Bible was to be written? And do you know that only 300 were finally left, because the 700-and-some could not decide upon it? Each one wanted to put in his own little something in there. So, finally, Constantine fired all but the 300. And after he had this group of 300, do you think he took their advice? No -he told them to put in what he wanted. There is your Bible. sir."

"But it is awfully hard for many to understand that -- " said a guest.

"My dear, that is why we try not, at any time, to tell you to believ what we are saying. We demand -- if we demand anything of you -- that you go and find out for yourselves; if you don't look into everything from as many directions as you possibly can, you don't really know the truth."

"I think we do not know where to go to get the answers, without much fumbling around, at any rate, much wasted time," said Harriet.

"There have been many writings, of course, many teachings --- but do you think you have the time? You would have to go through much literature -- if you are looking for physical answers. Now, if you really want to know, apart from these physical answers, why don't you try training your body to be able to stand meditation? For if you can truly go into it, you need not go a foot out of your home to know the truth of what is happening. And to those of you who do not believe this, I say, that is fine; I do not expect you to; I do not desire that you do; I desire only that you go and look.

"Friends, that has been one of the greatest troubles with your ministers of the Gospel -- the attitude that 'I am God's mouthpiece'. These men have gone to universities and taken a course, and mostly they are stuck with it. Now, I must go." (Control withdraws).

CONTROL: LAO-TSE:

"Ni-ha! ... Goy how!" (in answer to Chinese salutation from a guest).
"Now, what have you to ask me? I will do my humble best to answer."

"Why do you of the 'Inner Circle' say that China is finished, when there is such a marvellous youth in China with such fine ideals for their country, and who seem to be so strong?" asked the guest.

"My dear lady, you have right within your own country marvellous youth -- far superior in opportunities also for the youth -- but it appears to me that now youth is being brought into flower in order to become gun-fodder. That is the greatest barrier for youth, and has been for the past 50 or 60 years, perhaps a hundred. China was once a great civilization, without the starvation and deprivation that swamps and drowns the soul of that country today. When she does not have internal strife, there are outer enemies who attack. She can get no surcease from this kind of sorrow. One of the greatest reasons is, what? Excessive birth; the allowing in of the teeming uneducated masses from the low astral. They swarm in there -- and why? Because the country is in such a bad condition that they can do anything and feel free to do it. There is no law or fight against what one wants to do, as long as he is not caught doing it. And those that have been in power in China are precisely the same kind as in Russia. For hundreds of years in Russia, the people were enslaved in the most miserable manner one can imagine; that is why today Russia is what it is. Communism, in itself, of course, is not the dreadful thing it seems; it means exactly the same as Democracy -the sharing of one's worldly goods with one's fellow-man. But those that have Russia in their iron grasp are not teaching that kind of thing. They are holding the masses of the people in as cruel and ruthless slavery as did the czars of the past. There is no freedom, no individual freedom -- and no country can survive without individual freedom for its people.

"In China, Chiang-Kai-Shek was one of the worst rulers that country could have had in this, your modern age -- for he is all for the nice living, and little care for the people. Excessive birth, my friends, brings a country down to chaos. But there are certain teachings that uphold this excessive birth -- no matter how poverty-stricken the people are. There is a chance for the youth of China -- yes. Eventually there will be -- but this will not save China. Can you picture stopping the conditions that exist in India and in China today? Can you? No! And it has been going on like that now for several thousand years, and growing increasingly worse."

"Is India doomed too?" asked a guest.

"There is a chance for India -- but only if the British will become less British; if they will become more human beings. They could have done a great, great thing for India -- and also for themselves. But they had their iron hand in India, they ruled with an iron hand -- and therefore they lost out -- and that is very bad indeed for India that they did. They could have brought India to a great state of cleanliness and beauty such as she originally was, had they thought of doing so with brotherly love."

"Lao-Tse, before you go, may I ask you for an explanation of the new title for the book which the 'Inner Circle' is putting through Mark: A few evenings ago we were told that you had decided on the title of THE MAGIC BAG instead of THE RISE AND FALL OF MAN. I believe Lo Sun Yat was to have come this evening to explain the exact meaning of this new title," said Harriet.

"Yes, but the honorable Lo Sun Yat is not able to be here, so I shall try to explain the meaning. 'THE MAGIC BAG' -- now, what do I mean by this? What is the 'bag'? The bag is consciousness -- and in this bag there is all. Now, a bag, it appears, has two sides, an inner and an outer -- but it does not really. For if there were an actual outer and inner, you could not turn the bag inside out, for there would be two separate things. This is consciousness: when you enter into the physical-chemical world, you are turning the bag inside out; and when you are returning to the many planes of consciousness apart from the physical body, you are turning it back again.

"In reality there is no inner and no outer. This is a form of maya, illusion. And yet, when one enters into the study of what is inside the bag, which is the inner consciousness, one finds that he becomes both the bag and all that is in it.

"Some of you would call, in your American slang, what I am saying 'double talk.' We do not want that you should agree or disagree with us. You do what you feel is best within your heart; for when you look in the bag, no matter what you believe, you always see there that which you want to see. For, in reality, the bag is empty. Good evening."

CONTROL WITHDRAWS.

MARK PROBERT SEANCE_ August 12, 1950 - San Diego, California

PRESENT: Mrs. I.H.S.Devereux, W. M. Liddon, J.F.Liddon, Meade Layne, Irene Probert and Harriet P. Foster.

CONTROL (after some difficulty in taking over control of medium, and speaking at first in a faint tone): "I am Charles Ryan, Professor Ryan. You are Dr. Layne? I have tried before to speak to

you, but I could not manage it before. I feel very excited."

(Harriet mentions a little joke of his about a poltergeist, wondering if he remembers it.)

"I remember those things and I find them very different from what I thought them to be. I have come to try to explain a few things that may in some measure clear up the extreme fogginess of the many beliefs in communication and things to be expected on my side now. I do hope you will bear with me and have patience, for it is a much more difficult task than you can imagine.

"In my later years, as you perhaps know, I was looked upon as losing my mind. They said that the things I was seeing and the experiences I was having were positively due to senility. Man supposes so much. Suppositions! He seems to be much too fearful or lazy to find more understandable facts concerning life.

"The most beautiful part of old age is that you can do then pretty much as you damn please!

"Did you know that I came and told this young man (the medium) that I had passed out of physical life? It is one of the most exhilarating experiences you can imagine -- to pass out of the physical. It feels as if you were dropping tons of weight that you have been carrying for a long, long time!"

"Could you tell us more of your experiences in passing out?" asked Meade.

"I will try. I was entirely conscious all through the change. It is, in a manner of speaking, like a coming out of a cocoon. The first feelings that one gets -- that is, if they are to be compared with my passing -- are of seeing distant places and friends, relatives sometimes -- and also a feeling of complete bliss and satisfaction that it is all over with."

"You are not aware of your immediate surroundings?" inquired Meade.

"No, you lose any awareness of the room you are in. There is a feeling of detachment, and then all of your senses seem to expand at one time -- and I imagine that is what brings on the ability to see many, many miles from the place where your physical body is lying. It seems that we lose interest in the immediate surroundings in our sudden expansion of awareness."

"Did you meet people you knew?"

"Yes -- many of my friends and relatives -- and everyone seemed so happy, so joyful! It was like a family reunion. Also there was a period in which I began to feel extremely light, as though I were having quite a time keeping my feet on the ground."

"You found yourself still on our earth plane?" asked Meade.

"Yes, but it was strange, because I had an awareness of being in many places at one time. It was as though the consciousness became automatically aware of being everywhere present. Now, I do not know if this is the general pattern of passing out.

"Then, after a time, I lost interest in the physical world and I seemed to be in a world of energy in which there were countless lines of force seeming to flow in every direction imaginable. And I was told that this substance would soon appear to me as trees, ground and the general likeness of the Earth-plane I had just left. This substance or force -- I do not know yet just what definition would best suit it -- but it seemed as though you had suddenly acquired the power to see the essence of matter, or its atomic structure. Then later you lose that and see it almost as in the physical body. And that is the way this thing worked: after a while you would lose the ability to see it as flowing energy, but you would see it as physical matter. Is not that odd?"

"Yes, but do you think these things are doubles of our objects?"

"I don't know; but it seemed at first as though I were walking through this energy and it was very slightly resistant to myself, like rubber."

"Do you see things that are not reproductions of our things?"

"There is light, and an apparent day, but no sun and no stars as one would see in the physical body. But there is much light -- and grade of it -- sometimes extremely bright."

"Do you have darkness also?"

"Oh, yes -- darkness, great fields of darkness with grey shadowy forms moving around in them. I am not yet sure what these forms are -- whether actual people like myself."

"Do you still sleep?"

"Yes, and they tell me that I will for some time."

"You are still exploring?" inquired Meade.

"Yes. There is an amasing number of helpers in this new plane I am living on." CONTROL SUDDENLY WITHDRAWS.

CONTROL: PROFESSOR LUNTZ:

"Hello, hello! Or is that a bit undignified? (To Messrs. Liddon) Gentlemen, I wish to mull over a few things that we seem to have become confused about in our first meeting. One of them, if you don't mind, is

our talk on reincarnation or re-embodiment. It appears to me that I was either mistaken in the things I said to you, or I gave the illusion of having said something wrong. Of course, I would much rather it be an illusion; that would free me from the responsibility of having been wrong.

"I believe it was asked whether or not there are births that are not reincarnated beings, or beings that have lived upon the physical Earth before. Now, if time is not, I think it would be rather foolish to suppose that of all the untold billions of impulses called the individual human being, that there are none who have not experienced Earth life. Surely they have not. Each individual is not necessarily an old being, by any means. More than that, there are endless heavenly bodies that the impulses of life called the human can go to and live upon, be born into. I do feel that it is pretty small of us as human beings to feel that this Earth upon which man finds himself on occasions is the only grain of dust that is habitable by the Life Force."

"We do not think that, of course, but what we don't know is whether those who have incarnated on this Earth should always return to this Earth, or whether those from other planets might move over and reincarnate on this. What of that?" said Mr. W. Liddon.

"Sir, my opinion may not be very intellectual, but I will give it for what it is worth: The individual who desires to return to Earth can and does return; and he is the only one who does return. And this return is not only a feeling of 'I must go back and finish drinking my whiskey!' or 'I must return to the one I loved on earth' -- all the desires of those who return are not low ones; many are very high and lofty and selfless. But also we must consider this: that the Earth, while minutely small, is yet vast where the human being is concerned, in his learning. An individual could return to the Earth for many thousands and thousands of years and still not acquire but a small part of the things to learn.

"Now, I do not know whether you feel that, from your own personal observation, that rebirth or reincarnation is necessary Thinkers look around and about them on the physical world, and they see suffering, privation, want of all kinds staring them in the face, and they get to thinking, 'Why, why, why all this misery, this damnable state of things? Where is man going? It all seems like pure madness!' And, I must admit, that physical living, viewed from the surface, is without rhyme or reason; but I must also add that surface observations are false ones.

"You may pass over, and keep that idea in your mind for several hundreds of years -- that you do not wish to return, and go along quite nicely -- and then there may come the time when, deep within you, in this thing called 'the self', you will find the necessity for returning. And it will be on that line -- the aka cord of necessity -- that you will come on your return to the earth plane. Now, I do not wish to lecture, but to talk as I would in any drawing room to which I had been invited."

"Yesterday we were discussing the possibility of proper training of children, and you indicated that this kind of training could best be accomplished if one knew the former incarnations of the child; can you tell us how that information could be gained?" asked Mr. W. Liddon.

"The best and truest way of doing that is by the process of hypnosis. Now, many people object to this force, but in the hands of the right kind of person, one who will work with it calmly and patiently and with the intention of aiding a child -- or an adult, for that matter -- there is a world of knowledge to be acquired by the use of it."

(Harriet asks if the new system of <u>dianetics</u> is useful to any great extent).

"I have heard of that, and I have gone to some trouble in following the ideas of the author, and I can say this, that it will be -- if not held down by the authorities -- one of the most promising fields of psychology that one can imagine. Far superior it will be to any system of psychology that you now have."

"Then you feel that this taking back of the child should be a normal part of the process?"

"I do indeed."

"At what age would you start?" inquired Mr. W. Liddon.

"Between seven and ten -- for it is in those years that the hypnotists would find it easiest to hold the attention of the child."

"Then at what age would you begin teaching the child those things that are so different from that taught him in these days?" asked Meade.

"Sir, immediately, immediately, immediately; for a child can learn by rote exactly the same things as an adult. He may not know their exact meaning, but he will understand it sufficiently to go along on until he reaches a more comprehensive age."

"You think he can store it in his memory patterns and later use it?" asked Meade.

"Yes, I do."

"I wonder if you could help us with the case of a boy we think is obsessed?" asked Mr. J. Liddon.

"If you will give me the name and tell me where he lives, I will go and look into the case and try to return this evening. Sometimes we say we will return, and then for some reason we cannot do so, but I shall try to come back before the meeting is over. This sort-of thing is one of my special interests in trying to help my fellowman. I have been much interested in seeing what causes schizophrenia, insanity, etc., and

I find that many of those so considered are not insane at all. There are so many things that enter into the life activity of man in the physical body that it is not at all easy to say, 'This causes that', or 'So and so causes it' -- for there are many, many causes."

"Can you tell us about Siamese twins?" asked Irene.

"I cannot at the moment tell just why two individuals come this way. Since the time I spoke of the close tie between these two I have found that there are other things to be taken into consideration. For instance, I have found that where two individuals have had this very close contact on the Earth before, their desires and reasons for coming to the Earth at the same time may be so much alike that they find themselves fighting for the same mother's body and struggling to take over the stresses in the mother-body.

"Now, in obsession cases, there can be several entities obsessing one body, and none of them may be aware of the presence of the others."

"Do some of these not know they have passed over to your plane?" asked Mr. W. Liddon.

"Quite often, sir, they do not; and, also, the obsessing entity need not be a discarnate person. For instance, many people open the psychic door or channel to their physical bodies -- and it can act as an obsession. By that I mean that they can stir up the kundalini forces, and these kundalini forces run riot ..."

"Some of these people who are obsessed could be straightened out and then become psychic doorways themselves, because they have been opened?"

"Yes, indeed. Also the blood content can go down so as to cause nerve pressure on the brain or different parts of the body. Lack of proper food can do this; or the overeating of proper food can do it. Excessive toxins in the body, due to poor elimination, poor oxidation — these things also can cause the brain cells to form a peculiar substance that is very like the sludge that has been found in the blood stream ..."

"Probably you are familiar with Dr. Wickland's work -- is there anyone on Earth doing comparable work today?" asked Mr. J. Liddon.

"There are several people that I have heard about who are attempting to do the work that he did, but it is not quite up to the ability of the good Dr. Wickland and his very patient and helpful spouse."

"Are any of these in the United States?"

"That I do not know. It could be so, and I might find out if you wish to know it."

"I would be very glad to know that, especially if you can give us any information about this boy we mentioned," said Mr. J. Liddon.

"I will do so and bring you back such information as I can."
CONTROL WITHDRAWS.

PORTION OF MARK PROBERT SEANCE

August 24, 1950 - San Diego, California

CONTROL: PROFESSOR ALFRED LUNTZ

"Before you go, Professor, I wanted to ask if you were able to find out anything about the young man inYazoo City that our friend who was here a week or so ago asked about," said Harriet Foster.

"Yes. This boy was an athlete, I think. He is rather tall and slender, from what I have been able to see of him. He has disrupted the tip end of the spine adjoining the skull. This tip end of the spine is the seat, the center, the core of consciousness. This has caused, in the beginning, weariness and then it has left him open to another who wanted to be alive and live on in the physical world.

"This one wanted to study and become great in the field of chemistry, and because he was denied the physical body, because he passed over into the state called death, he resents it.

"The young man who is so obsessed received a blow in the back of the head. Now, this little stem, or whatever you call it, that juts up there at the end of the spine is the seat of consciousness, and it has been bruised -- and that bruised condition has let in the other.

"The condition has also given him much difficulty with his digestive system. The shock treatments have not caused any good. Your doctors are going to have to find out that they will have to use a particular voltage a particular charge for each individual -- that what is good for one may be harmful for another. In some cases it has a strong tendency to destroy the brain covering.

"I am going to say one thing more: It has affected the brain covering. There are small, minute blood vessels, capillary vessels, in the brain covering that make one either intelligent or a moron; according to the flow of blood, good clean blood through this brain covering, one will be intelligent, or queer in one way or another.

"If Mr. Liddon could have some really intelligent doctors to examine the brain covering, besides the tip of the spine that leads into the skull, they will find what I say to be true."

"Have you any suggestions for remedial action?" asked Harriet

"For the moment, I have none. I must go further into it and confer with some of the other members of the 'Inner Circle'. But I would be glad to know if he is able to get a diagnosis from his doctors; I would like to know what they say.

"Also, please extend our deepest regards to the Liddon brothers, and thank them for all the kindness they extended to the Boy, his wife, and you others.

"My friends -- before I go, I want to say that if you forget everything else we have said here this evening, remember this one thing -- to love one another. Then you will have all of it. Good evening."

CONTROL WITHDRAWS

EXCERPTS FROM MARK PROBERT SEANCES

of August 15 & 16, 1950

CONTROL: YADA DI SHI'ITE (replying to question concerning the great earthquake recorded on seismographs around the world on August 15, 1950:

"The greatest part of it centered under the Caspian Sea, opening great holes in the bottom of the sea and possibly causing tidal waves to bring great destruction. There is a motion of a long plunging down and then no motion for a while ..."

(Question as to centering of the quake in other places).

"Yes, also in Asia, China, and Turkey also. There have been many sections of the Earth that have dropped in -- but not in one place, so you cannot say it is in any one spot. . . When the floor of the Caspian Sea caves in, that causes the same thing to happen in other places.

"Now, we have said in the past that man cannot go on doing what he is doing and expect to survive in a peaceful world -- for as man thinks, he acts; and as he acts he is creating a condition in the etheric world -- and he will get results in equal measure to what he puts out.

"As to these disasters coming to your earth -- we have said that five times already man has been completely wiped off the earth. Your records, your anthropology shows serious lacks; your Christian Bible merely tells of One Creation; there have been others. If man has been wiped off the Earth five times, there must have been five 'Creations'... All of this may seem to you very unjust -- that the innocent should be brought to destruction as well as the guilty. But who is guilty?

All mankind is guilty; for it is the mind of man that brings these things to pass. Have you not noticed the continual bad weather in the country where war is going on? This is not caused by the firing of guns as your scientists suggest; it is the thoughts of man acting with violence upon the ethers; and the ethers are going to react with violence on man.

"My friends, this is the beginning of what we have spoken of so often before. We do not like to bring unhappy thoughts to you -- but what is there we can do? Our hearts ache that we cannot make man awaken. But no great teacher ever came to Earth to do more than to awaken man -- and they could only tap the consciousness of those already prepared for it."

CONTROL: MAHARAJAH NATCHA:

"My friends, I do not come to talk along philosophical lines this evening, but on the conditions of your Earth. This quake that the Earth has been subjected to was a very serious one. The reason why the seismograph stations were not able to locate the point of origin was simply because there was no single center, but a great, great chasm has been forming in the interior of the Earth, especially under Asia, Russia, and Turkey. It all took place almost simultaneously -- the caving in and the terrific pressure of heat, steam, striking thousands of miles across the Earth. Should a like action take place here on your West Coast, it would immediately inundate almost all of California."

"Will it take place?" asked a guest.

"Friends, from Los Angeles, starting from Long Beach, clear up to Seattle, there is a terrific strain, called a <u>fault</u>, in which this could happen at any time."

"What creates that?" asked a guest.

"Many think that the Earth is a solid ball of matter. It is not. It is like, much more like a bubble made up of stresses, lines of force, working at tangents with one another -- crossed lines. Have you ever - and of course you have - blown a soap-bubble? And have you observed the structure of it? The entire thing is in constant motion. And this is, not only your Earth, but all the heavenly bodies around and about it. They are made up of lines of forces held together by what is loosely called a positive-negative field. The interior of your Earth is largely hollow. If it became solid, in that moment what you call your force of gravity would be changed instantly. The pressure per square inch upon every structure, every form, would be instantly raised many hundreds of times. The results you can readily see: you would be mashed into the earth by the pressure of what appears to be nothing -- gravity ...

"Nor is the Earth a great mass of fire inside. There are, under the earth, places where man can live very comfortably; and indeed where he would be relieved of many of his ills. No, he would not find total darness, for at certain depths there is light, a diffused glow from rocks and plant life, a kind-of phosphorescent light."

"But what would prevent him from getting the "bends" from the great pressure? Even our miners have to watch out for that," asked a guest.

"That is so; but the first group that went down would have to carry along some kind of mechanical gadgets to overcome the pressure; after a number of generations had passed, there would be immunity. That is easy enough to understand: for those accustomed to living under the surface, the blood has a certain rate of motion that is equal to the pressure put upon the body."

"Can you tell us anything of the 'Deros' said to have been seen by Richard Shaver?" asked Harriet.

"Do you know where the Christian story of the Devil comes from? Many centuries ago when Atlantis went down, many of her people fled into caves. They stayed there for many generations. Now, their skin did not turn red like your pictures of 'the old Boy', but rather an extreme white and tones of green. This was brought about by the lack of ultraviolet rays of the sun, and the green was due to absorption from minerals below the surface of the Earth. From time to time, these individuals came to the surface -- some unintentionally came upon an opening to the surface of the earth, and were seen by the superstitious people of certain sections of your earth -- and being so different in appearance, you can imagine the fright this created in those who saw them. Most of the hair of the body had completely disappeared, the eyes had grown smaller -- due to lack of light and of vitamins from sun-grown vegetables."

"Are you speaking now of 'Deros'?" asked Harriet.

"That which I was speaking of was the origin of your 'Devil'. Some of those who went underground morally degenerated, and with moral degeneration went physical degeneration. That always follows, doesn't it? Some of them are quite like your Australian bushman; they went through a process of retrogression. There are some races that are quite out of fashion and have been extinct for many thousands of years. You should try to meet some of your fond ancestors! They would look quite badly in a tuxedo or formal evening dress."

"Have you anything more to say to us about world conditions?" in-

"Yes, I can say that another quake is to be expected. Its intensity -- as far as I have been able to find out -- will be between 4 and 8 ... Yes, in the same region."

"Did this one that has just taken place do much damage to the surface of the Earth?"

"Yes -- it has shifted a great portion of the Himalayan terrain."

"It is populated?"

"It was densely populated, but there was great loss of life -- much more than you probably will be told about.

"Friends, I must go now, but let me ask you to look forward to the days ahead in so far as possible without fear. Your President who has come to our side of life, if he had said nothing else but one thing, he would have said the thing of most importance: 'There is nothing to fear but fear itself'. Good evening."

MARK PROBERT SEANCE

Meeting at home of Mr. & Mrs. Robt. Courtley, San Bernardino, California

September 2, 1950

PRESENT: Dr. and Mrs. Eugene Camos, Mr. and Mrs. McLeed, Mrs. Webster, Hildreth Holden, Katharine Kent, Peggy Shriner, Mr. and Mrs. Robt. Courtley, Jo Ann Courtley, Harriet Foster, Irene Probert, other guests.

CONTROL: YADA DI SHI'ITE (first speaking in the ancient YU language, invoking blessings of KA (God) upon those present. Then, in English:

"Friends, it is a great honor and a great pleasure to me to be with you here. I bring the love and greetings of the 'Inner Circle'".

"Thank you very much, Yada," said several visitors.

"My friends, thank only your Self; pray to your Self, morning and night. In praying to your Self, if nothing else, it stirs the mind psychologically. Thrill your Self; use certain words until you feel them.

"My friends, I cannot tell you in the proper terms what this will do for you. All the cells of the body are like little intelligent beings They understand tone, sounds -- and they re--act to these sounds, tones. They vibrate to them. You can talk to your body and keep it in health. How few, how very few of us understand our own physical body, to say nothing of what is called the mind. We of the 'Inner Circle' know but little; but what we know we will gladly share with you, if you will share with us what you know. One reason why there are so many different people in the world is so that there will be many bits of knowledge to share so that we will not become bored.

"Usually it is when we do not understand ourselves that we do not understand others. And that which we do not understand breeds fear in us. Therefore we fight with one another, individually and collectively as nations. There is no true reason other than what I have said. Man is man -- no matter what race or nationality. He is a Great Being, a God in the making. Let us feel honored when we come into the presence of one another.

"Each physical life that we enter into -- each physical existence is only to aid us towards growth of mind -- expansion of mind. It has been asked of us several times, 'Why is it, if man does return and return, time and again, to Earth in what is called reincarnation, why do not more people know of that? Why do they not remember the past?' Hmmmhow strange can the human being get, I sometimes wonder! Few -- extremely few -- remember what happened a few hours ago. If they were suddenly asked, they would have to stop and think about it. And as for weeks ago, months or years ago -- it grows more difficult according to the seeming length of time. Is it odd that most individuals cannot remember their past lives? Few of us want to take the first toddling steps -- we want to go from the first grade in school to the university. Most Western World people take such things as a child takes a toy -- something to play with for a few hours and then throw it aside.

"We have been asked why certain people are what are called 'mediums'
-- those who are able to make contact with those who have gone 'beyond'
.... It is like asking why some are born authors, artists, thinkers,
geniuses -- and others morons. Growth, degrees of understanding from
past experiences! You can fool the physical self for a time, my friends,
but you can never fool the 'I', the Self. It knows -- It knows when you
are ready, and how well you can hold it.

"Each body, each individual physical body is chemically different from every other. The activity of the chemicals in that body are different -- speaking of the physical body alone. This difference of chemical action makes one either sensitive, or insensitive. For man in the physical plane has to deal with life through the physical body until he knows himself -- knows how, through the mind, to control the chemical activity of the body.

When he can do that, then he can truly control the elements that seem to be apart from him. These elements, of course, are not apart from man, nothing is apart from man. For, if this were so, there would be no way for the consciousness to come into rapport with it."

"Yada, I would like to ask you if you think the time has come for this new type of healing which we are interested in, rather than the negative kinds?" asked a guest.

"Yes -- but, remember, my dear, whatever you do to be of service to your fellowman, you can only do so much for so many; that no man, be he master or be he fool, can either destroy the world or save it -- not the world; not man at large! You can do nothing for man at large; you can reach certain individuals. And why do you reach those? Simply because they are already on the threshold of awakening. Otherwise your efforts will be in vain. It is said in your Bible: 'Eyes have ye and see not; ears and hear not' -- that is what I mean.

"I said the other day that each one of us is a world in ourselves -- and there is a crust, a wall around each one of us. The density of

this wall, this crust, depends upon our degree of wakefulness. 'Can I get through to this individual? I don't know. I will try speaking a few words; I will test his crust.' Watch that one when you are testing his crust; watch his actions. A very slight action may mean much; watch the eyes -- you will know then how deep is the crust; you will know then whether you can go further.

"Now, those of us who feel we know something of life, I am sure, also know the law that one should never press his opinions upon another. Let them come to you if they want to know. And then you speak your piece whatever it may be, and let them go. If they accept it and want to hear more -- fine! But, if not, bless them and let them go. As my honored colleague, Lao-Tse, has said, shine not your light into another's eyes, for it will blind him and he may turn and attack you. That is what is happening with your country today. You are trying to give your wisdom to others. Now, sometimes wisdom has to be given at the end of a sword -- that is, material wisdom. That is only to prevent those who do not think from destroying those who do.

"My friends, there is no Utopia to be had; for the paradise of one may be the hell of another. So, do not watch me when I seem to be having a wonderful time; do not think that you will get the same joyous feeling from doing what I am doing. When we think that we have found something good in life, we are apt to say, 'Look, I have found a diamond, a gem of great price! I will take it and show it to my neighbor.' And that one may look upon it with dull eyes and tell you it is nothing but glass He is not capable of seeing the great beauty. 'Do not cast your pearls before swine', says your Christian Bible ... Now, what have you to say to me?"

"Will you tell us more about speaking to certain parts of your body to relieve pain?" asked a guest.

"Yes. You would go about it as if you were speaking to someone. You will tell it to re-arrange the chemical action that is going on ther and bring it back to its normal state. When an organ is not functioning correctly, it is because the chemical constituents are in a chaotic stat (To Dr. E. Camos) Doctor, you know, I am sure, that in hypnosis you can make the blood flow up in an arm and then down again. What has done this? Your mental command. And if it can do this to your blood, it can do it with any parts of the body. Of course, you had better not let your medical doctors hear you, or they will want to put you away. They have more faith in a few drops of some drug.

"But what is a drug? It is a hypnotic substance, and the cells of your body know, when you take that drug, what the commands, the suggestions are."

"Yada, can you tell us how to build a wall of protection around oneself against unfriendly influences or hypnotic action? asked Katharin Kent.

"You can -- as I said awhile ago, in the morning say your mantram, or prayer, and while doing so, make your protective passes up and around your body, commanding that nothing shall come through the barrier of mind you put up.

"You know, Doctor, I believe that within yourself you have heard and lived much and learned much of life -- very much you have lived. I notice that every once in a while you give a sigh. Your sigh is read in this way: that you have an inner feeling of boredom; you are seeking greater things; you are seeking a deeper answer to life. You know there is something more. And this knowing and the inability, perhaps, to break through this wall gives you sometimes a feeling of futility, of boredom. I feel that I am right in this. Also I feel that if you could try to not think of acquiring, but just allow it to flow to you ... Do not look for it; you have read and studied extensively -- you know you can get nothing more from that source. It is best that you find relaxation for yourself -- of the mind, I mean -- and in your busy moments, physically busy, with your mind away and detached from consciously seeking, the wall will suddenly be let down and this will come to you. Sir, I hope you know that I do not wish to be rude, or to step beyond my bounds ..."

"No -- not at all; but it is a matter of the astral. Every night, those boys on your side keep telling me 'You must go ahead! You must do this -- and the time is short; you must do it now!' Will you explain how I can be quiet when someone is always telling me I must go on?" said Doctor Camos.

"Doctor, I do not know what you will think of this, but I will say it: You need not take a command from anyone. I know you know that -- but it is most difficult -- You, sir, know quite well enough how to build a wall against these. If they are well-meaning to you, they will never command you; they will only suggest. If they do not command, and you feel that they are only suggesting, that is good! But remember -- there are others above you onthe ladder, others below you; do not grab the leg of the one above, nor push down the one on the rung below. Now, I know that it is not your true nature to do that, but only to be of service to your fellowman -- but go at it slowly, quietly -- and you cannot, you will not fail."

"May I give my idea on this question of one healer not being able to help all others? If it is a <u>fire</u> person, for instance, he may not be able to heal a <u>water</u> person, and so on," said the Doctor.

"That is right, Doctor. Also, I have noticed that, for the sake of polarity, a woman is less able to help another woman than a man. To get the best results a man should work with a woman, and a woman with a man patient. Though this does not mean that a woman cannot greatly help another woman."

"Isn't it more of a question of the nature of the two persons?"

"Yes, that is so. With a fire sign and a water, for instance -the result is steam. (To K. Kent) The lady who was working on you this
evening -- she was using the <u>Kundalini</u> power. Use it with love, my
friends, and also with care. I suggest -- as did the Doctor -- that you
use it with care. Mind -- the great Doctor! Good evening."

(CONTROL WITHDRAWS).

CONTROL: PROFESSOR ALFRED LUNTZ:

"Good evening! You know, friends, I was listening when the good doctor mentioned a moment ago that you cannot change another's desires; and you can't change your own desires. You may exchange one desire for another, but usually it will be pretty closely related to the one you have just dropped.

"Now, man and all things, your universe and universes, came into being through the law of desire. It is the dominating force; the creative force. That is why when man is making his civilizations, he makes laws and forces others to abide by these laws. And the great majority of these laws are against the natural inclinations of the human being. What happens? It brings pressure to bear upon the individual; he cannot express himself or herself the way he or she desires to; they must keep bottling these desires, choking them, cutting them off here and there—until there is little or no outlet for expression. This results in different forms of mental disorders, and as a natural result, physical breakdowns. And the brilliant ones in authority stand back with their mouths open and ask why is man mentally and physically diseased.

"The greater number of your psychologists know so damnably little concerning the personality of an individual, and yet they keep making new laws. They may find the thing that caused the trouble -- but what do they do to remedy it? Your insane asylums are a sad commentary! However, I do believe that, little by little, your medical men will fall by the wayside.

"Inhibitions with us, of course, do not react so badly as with you, for we have no chemical body upon which they can re-act. However, I want to say something this evening that may be shocking to some of you --though not to the Doctor, I believe. It has been taught by the majority of the spiritualistic teachers and their followers that when one passes out of the physical body, that one may have a desire for everything else that holds him earthbound except sex. Now, listen, my friends, and consider well what I have to say: The one who passes over to the other side can return and co-habit with a living individual. Have you not heard of psychic sex attacks?"

"Yes, but I thought it was just thought-forms," said Katharine Kent.

"Not always, my dear. Now, let me get back to what you may be thinking. Some months ago a mature lady came to us and told us this story: A friend of hers, a lady, had been under the tutelage of an occult teacher, and she had fallen in love with this man. Now, my dear friends, this lady in question was not a young girl -- she had been married and had two children, so it was not something airily romantic. You will see later the reason for my remarking in this way. The man, the teacher had long ago renounced the use of the sex-force physically. He tried, for the sake of his pupil, to bring himself down off the pedestal on which she had set him -- but it did no good. So he departed and returned to his home in another city.

"A few months passed, and then this lady began to complain of being sexually attacked psychically. What to do for her? For her claim was that her teacher was projecting himself and attacking her. Now, friends — in all seriousness — we of the 'Inner Circle' know that this cannot be done. Do you know why? For the simple reason that the psychic body, when projected, is attached to the physical body by the aka cord, or silver cord — and any sensation that takes place in the psychic body will be felt in the physical body and cause the psyche to return instantly before any such thing could happen. It cannot be done.

"However, one who is completely severed from the physical body can do so, for there is no other body to take up the awareness state as to what is going on."

"Do they have desire on your plane?" asked Katharine.

"Yes, my dear -- just the same! To get back to the lady in question -- my colleague, Arakashi, who was listening to the story, told this lady just what I have told you. 'What is to be done for her?' she asked. Arakashi told her that the lady had built a thought form of this man, and it was attacking her -- her own creation. Friends, let me tell you that a thought form is something tangible to be dealt with! He suggested that the lady tell this friend of hers to have three treatments of hypnosis with post-suggestion. That would break it. However, he said, she will not do it -- which proved the case.

"Now, friends, these are serious things. When man is dealing with his inner force, if he is not capable of handling it, it is dynamite. Even so, with all the dangers that lie ahead of us in seeking to know life, be not afraid. Go ahead, seek, dig, find out! Remember that when you are doing it, you are creating; you can destroy also. One who does not know how to destroy the thought-form, should not build it. To do this, you reverse your action, turning aside your state of awareness, and command it to go, for you did command it to come. It is much like the story of Alladin and his wonderful lamp: do not let the genii out of his bottle unless you can get him back in it! You can send away from you any force if you give a strong enough command -- if you wish -- in the name of Christ."

"Are these attacks mental?" asked Katharine.

"No, they are decidedly physical."

"But you feel sure that the man in the case, the teacher, was not to blame?" asked Harriet.

"Yes; it is my belief that he was not guilty, that he would not have been guilty. More than that, that he <u>could</u> not have been guilty. There are certain laws that govern us, friends; but remember, we make these laws. We of the 'Inner Circle' wish always to remind you that man is a god — though the authorities of your churches may not wish you to believe this. They want you to bow down in their temples, for when they get you in a kneeling position with your eyes closed they can better pick your pockets!"

"About this attacking -- one could not experience that without attracting it, could one?" asked Katharine.

"Yes -- but you must consider this: one who openly says, 'I don't care for this sort-of thing; I want none of it!' may all the time be really crying out for just that thing."

"Cannot they transmute it?"

"Yes, my dear -- but they must know how properly to do it; otherwise, this power of the snake may turn back upon them and destroy them. There is an old saying: 'To thine own self be true.' You cannot fool yourself, though you may fool others. Many may feel that they are doing this sort-of thing, but what they are doing is using the idea as a good solid block against going back to what may have caused them disgust and unhappiness. Most men and women are extremely crude with one another; we are lacking in sensitivity. Most of the relations in love seem to be on a business basis. We go into each other's arms not to give joy, pleasure, completeness to the other, but with a thought of the pleasure we will get. Is it any wonder that so few find the true joy, the true completeness, the true relaxation after it? Is it any wonder we are all highstrung, jittery, in our life today when we have not based our actions upon consideration, on the wish to give joy to the other? This is the chief reason for divorce. We do not know how to love, for we do not understand ourselves, and how can we understand the emotions of another?

"Now, have any of you anything to say to me, any questions?"

"Professor Luntz, will you explain stigmata birth?" asked a guest.

"It is a form of self-suggestion, or hypnosis -- or, again, a command to the physical body. Now, on coming into the physical world, the mind that creates the stresses for the body is neither male nor female; so it may make for itself a male or a female body. However, sometimes there is some confusion, some indecision, and that individual reverts

himself back to the androgynous state -- both sexes in one body. The Christian Bible makes note of that in the Adam-and-Eve story, when the Lord took a rib of Adam (the word is really 'Atman') to make the female. What really happened was the splitting or dividing of the two. The mind of man, having the consciousness of two sexes, can readily produce the chemicals within the body by certain lines of thought that will bring a stigmata birth. It is a longing to fulfill the act of giving birth; and this act of giving birth is a dominating desire.

(end of notes).

MARK PROBERT SEANCE

at home of Mrs. Edith Clark San Diego, California -- October 12, 1950

CONTROL: YADA DI SHI'ITE:

"Friends, I know that what is going on here is strange and unusual to some of you - but, let me tell you, friends - you do not have to look outside of yourselves for something odd and unusual. You do not have to go beyond your own body. Tell me, how do you do this? (Raising arm) How do you smell? How do you taste? These are not common place things. Why do we seek these so-called strange things? Why do we not find them? Because when we observe something, most of us see only the surface; we see nothing of the intricate workings going on within.

"Man, from the time he comes into the world is taught to look only to the outside. What is that I hear?"

(Irene Probert explains that it is the music-box of the 'Good Humor' ice cream vendor - also explaining that ice cream is a frozen confection)

"That is what you seem to be having all the time, something frothy and exciting to the taste, but without much substance. Until you begin to go into the inner meaning of things, you will continue to have hell, as you call it.

"It is not the body that suffers - the body has no power to suffer; it is the mind that suffers. The body is only an extension of consciousness. But you do not need the physical-chemical body to extend your consciousness throughout all of what is called 'eternity'. You can set this chemical conglomeration aside, by extending your consciousness. Most of you have heard of telepathy; this extension of your consciousness is not odd; it is natural, not supernatural.

"Friends, in the physical-chemical plane you live in, there is no such thing as satisfaction; there is only pacification . . . Our greatest troubles come from attachment. We become so fastened on to things that we cannot get loose. We have these things to learn a lesson from. And one by one, we give them up, until we have nothing left -- and last

of all, we give back the body ... The world you live in is beautiful, it is radiant. If it is anything other than that, it is because you have made it so by your approach, by your attachment. Now, have any of you questions for me?"

"Yada, will you tell us how to become aware of those on the astral plane who are near us?" asked a guest.

"I cannot tell you how to become aware other than by sitting in silent contemplation, silent thought of your loved ones who have gone over. You will attract them, and in the course of time, you will know they are there. It is not a difficult process if you have the ability to sit quietly and meditate. But you eat food that produces toxins in your body — that cause it to begin to itch the minute you relax. And if you are not getting proper rest, the cells of the brain are poisoned by toxins again and become foggy, sluggish.

"When one becomes weary in body and has the desire to sleep, it is because certain acids are working upon the muscles, and the tendons, and the nerves. Your world, your civilization, the way you live, creates more disease, both mental and physical, as the years go on. You pride yourselves on the various drugs you have found to ward off certain diseases — but while the diseases of the body may be less than some years ago, your mental condition is considerably worse. There is much more insanity. Why? Because the strain grows greater and greater and greater—the strain of so-called civilized living. It keeps the body at high tension.

"I will guarantee this - that if you will train yourselves, you can contact not only those who have gone beyond your vision, but also those who are still living in your world. You can do this if you will follow what I have said: do not put poison in your physical body; learn how to relax; spend some time every day in meditation, contemplating, if nothing else, yourself and the ways of life you have found since coming into the physical world. You have nothing to fear but your belief in that which seems fearful to you because you do not understand its inner workings. God is with you, friends, with you - for you are God-in the making."

CONTROL WITHDRAWS

CONTROL: PROFESSOR ALFRED LUNTZ:

"Good evening, friends. First let me say how happy I am to see here our good friend, Mr. Morrill. Had you a question for me, sir?"

"I wanted to ask you, Professor Luntz, if remembrance of suffering is carried over to the other side?" asked Mr. Morrill.

"Sir, to some extent, yes. It depends largely upon the individual, and also upon the unseen guides and helpers who come, or are there, to

greet the one coming over. Each and every one of you has around you those who have been allotted to the task of awaiting your coming.

"Sometimes, unfortunately, many come over to my side unlearned, unprepared, unknowing of anything concerning the continuity of conscious-ness -- and it is very difficult to make them understand, to awaken them out of the physical dream of their suffering or their wants. But this is not so, sir, of your wife. She has been tended by those who love her; she understands that which she did not understand too well before. I am rather under the impression, sir, that she did not want to leave. Well, sir, I do not wish to seem indifferent or cold or even detached in such a situation -- but, sir, I wish to assure not only you, but all of you sitting here this evening, that each one of us has a time allotted to us, and when that time comes, we must go. The inhuman side of such a situation is only that people are not taught the truth concerning the continuity of life. Therefore we are, and feel fearful, thinking we are leaving something behind that we should not be leaving. We feel we are not prepared. Perhaps in many respects we are not prepared. But the 'I' of me knows why I am here, where I am to go and what I am to learn while here. It knows the time of my coming and my going.

"I can assure you, sir, that your wife is now well off, that she is not suffering. She may appear in a dream as suffering, but I wish to assure you that this suffering is only brought about because of your own mental pictures of the suffering she went through on your side."

"Is there any soundness to the doctrine of 'original sin' -- that we must atone for it on the other side?" asked Mr. Morrill.

"You know, sir, before I came over here I was a minister and for many years I taught the doctrine of 'original sin', and atonement, and all that sort-of thing. This 'sin' -- what is the meaning of that word? Can you give me a definition?"

"Missing the mark?"

"Yes, you could say that ... This word has possibly been said more than any in the Christian churches. 'Sin' merely means a mistake, an error. Can any of you live without making a mistake? No, you cannot. But there is nothing wrong about it! My friend, you are both God and the Devil, and you can only learn by experiencing. What is 'original sin'?"

"Has it something to do with the falling of spirit into matter back in the beginning?"

"Indeed, yes. That is it. The 'original sin' or mistake was made when man fell out of the highest state of consciousness and tried to become one with matter. He fell under the hypnotic spell of matter, the excitation of it. He became lost in it. He was experiencing when this came about. But experiencing and going through experiences was not

wrong -- it is necessary. But losing himself in the belief that matter was all -- that is why the Great Teachers had to come back to the Earth to teach man his great heritage, the great kingdom out of which he came.

"These things that deal with the body and man's experiences in the physical body -- they are not wrong, they are not something to try to escape from -- you cannot do it.

"'Atonement' -- what is atonement? One has first to make a mistake in order to atone for it, eh? And how are you going to atone for it? You are not; you are going to be set free from reaping the harvest of your mistakes. And there is nothing to be feared in that either. Every action brings its reaction."

"Will you interpret for us the words of Christ, 'I am the way, the truth and the life; no man comes to the Father but by me'," asked Mr. Morrill.

"'I am the way, the truth and the life; no one comes to the Father except through me'. Friends, pay attention here. I am me, I am I - only through the acquiring of inner understanding can you obtain the kingdom of heaven which lies within you. 'I am the Lord thy God' - I AM! I suppose most of you here from time to time have read the Bible. Who is this 'I AM'? Here, me, I. 'Only through me' -- in other words, in the setting aside of the physical, in the setting aside of the belief that you are a body; in renouncing the physical world.

"Now, surely, I do not mean that any of you are to abstain from the things you are doing and don sackcloth and ashes. You can best attain the 'Father' by learning to go within, by finding peace within yourselves, by not putting attachment upon your work.

"Do any of you believe that the Master Christ came to save you? I ask you, in all sincerity, what did he come to save man from?"

"To save him from thinking himself unworthy -- from thinking himself a worm of the earth?" answered Harriet.

"Exactly! That is it. No one of you is unworthy; let no one tell you that you are unworthy. Christ said: 'He that is without sin, let him cast the first stone'. Did he cast the stone himself? No, certainly he did not. Does that not show you that he did not consider himself above making a mistake? My friends, the further you go, the more experiences you will have -- the more mistakes, probably. No, Christ came to awaken man; to give him back an awareness of his own Godness; to help him to work himself out of the hypnotic spell of belief in matter. The teachings of Christ my friends, are far beyond the teachings of the churches."

"Can we reach you of the 'Inner Circle' directly by appealing in prayer, or in some way?" asked Mr. Morrill.

"I do believe so, sir. I feel that if any of you gave a little time in prayer -- friend -- prayer is necessary for man. No, it is not necessary to speak, but it is much less difficult to impress the prayer upon your mind if you use words. Friends, pray to the 'I' of you -- the Great God. If you feel that there is a God separate from you, then you must feel that this God is all wise, all loving. You can not for a moment think that He has any sense of hatefulness in Him and that He will judge you evil for what you do. If a God were to even think of evil, He would be a God no more.

"Let us consider a glass of pure, clear water. Then take an eye-dropper and with it drop a little contaminated, impure water into it. Immediately the pure water becomes anything but pure. It is the same with consciousness; it is the same with any God you can think of. Nan makes these terms, 'good' and 'evil', and he uses them in this 'way': 'You are evil; I am good' ... If you work out of harmony with your true nature, then you are committing an 'evil' -- and you will pay for it.

"Now, have you any questions you would like to ask?"

"Can you tell us how long this Administration will remain in power, and also the one in Russia?" asked Harriet.

"You know, nothing ever changes until the change is necessary. By that, I mean until the whole nation, the great majority is sickened by it to the point of wanting a change. As long as it is permitted to continue, it is good -- it is working out a plan. For example, as long as Hitler was allowed to carry on his dire deeds, it was good; it was necessary for man's learning. When man became aware of the necessity to do something about it, it was brought to an end. It is through pain, suffering, turmoil that we learn. So, whatever evils may lie within the borders of Russia will grow and flourish and continue until it has worn itself out. And that is right and good. So we learn."

"Do you have any idea how long this war will last?" asked a guest.

"Considerably longer -- for the simple reason that the Korean situation is merely an excuse. Russia has not only 'face' to lose, but she has her entire ideology, her life's blood to lose if she does not continue to promote the war in one way or another. The Catholis hierarchy cannot afford to permit Russia to back down. The United States - with its idealistic belief called 'democracy', which in its true essence is no different from communism - the worth, the value of a thing depends only upon whose hands it is in -- My friends, it is not what is often called 'the common man' - though I do not like that term - there is no such thing as a common man - who creates wars. It is the hierarchy, the ones who desire to hold on to the power in their hands, they are the ones who are driving the slaves, the unthinkers, into hatefulness and war.

"You Americans who permit yourselves to think that another ideology may be better than your own are deceiving yourselves. If I were in my own country, England, today, and did not like the Government there, I

would demand changes - but English changes, not those of another country. Let every country be true to its own pattern!

"You speak of the atomic bomb -- it is really the same as the club that the cave man used. It shows man has not advanced very far, doesn't it?

"Now, I must go. May God and your High Self ever attend you! Friends, each night remember to pray; and when you arise in the morning, say this: 'God, I give you this day; I know it shall be right'. Good evening."

(Control withdraws).

CONTROL: SISTER THERESA VANDENBERG comes for a short time; tells of her life in the Convent of the Sacred Heart in Brooklyn --

"I still wear the veil, because I feel the necessity for it -- but when I lose that feeling, I shall not have it any longer. You know, over here, we have many things just as in your world - we have schools and churches, and clubs for those who need them - even saloons, or what you call 'cocktail parlors'. In my day there was sawdust on the floor and nasty smelling spittoons. Today you have beautified them ... It was not so long ago that saloons became drug-stores. The saloons used to be on corners; now the drug-stores are on corners. That was their destiny, to stand on corners. There are some men who have the same destiny, apparently - to stand on corners."

SISTER THERESA tells of the unhappy love affair which caused her to go into the convent:

"If I had not gone into the Church, I would have ended my life. Happily, I did not take my own life, and I lived to be about 83 years old. It was not until the last years of my life that I began to ask myself 'Is there not something more to life than the Catholic view? Was God -- and Jesus -- and the Blessed Mary -- were they all Catholics?' And it was then that I began to study and learn something of the vastness and beauty of life -- and I have learned so much more since coming over here, and am still learning. Friends, I only came this evening to give you my greeting. The blessing of the One Self upon you."

End of Meeting.

LATTER HALF OF PRIVATE SEANCE AT HOME OF MARK PROBERT - OCTOBER 16, 1950

PRESENT: Irene Probert, Harriet Foster and Mark Probert, Medium.

CONTROL: PROFESSOR ALFRED LUNTZ: "Please extend my greetings and the greetings of the 'Inner Circle' to the honorable Mr. Liddon."

"Professor Luntz, I think you probably heard me read aloud Mr. Liddon's joint letter to Dr. Layne and Mark and me, so you know that we would be very grateful for any advice or statements from the 'Inner Circle' with regard to his fine offer of help," said Harriet.

"Yes, it is a fine letter and we are most appreciative and will do what we can. But here is another case of emotions -- an emotional attitude that says, 'I must do things my way or not at all.' We want very much to continue helping -- provided that the honorable Dr. Meade Layne will permit of someone else coming in and having a hand in the business. That seems to us quite necessary.

"Mr. Liddon has made some excellent suggestions and some very fine statements in his letter. He sees clearly the mad confusion of the present situation. He sees the inability of certain ones to meet the situations that arise with calmness and with consideration for others.

"With regard to Mr. Liddon's suggestion that you get a few others that are really interested and have the wherewithal to back this work -- that should be done. But we feel that some one person should be made responsible for whatever financial transactions take place -- a bookkeeper, as you call it. That part should be carefully handled by someone with business training.

"We feel, too, as Mr. Liddon has said, that were the Boy to come into a great quantity of money, we would be forced out in a short time. But we do feel also that he should have at least some security. Irene has deprived herself of much that most ordinary wives have and feel it necessary to have."

"It is Mark that goes without. He hasn't even a decent suit of clothes," stated Irene.

"We are not too much concerned about that. He needs but little, and he has trained himself over many years to do with little.

"Now, we feel that the work, all of it, should be set up on a definite, harmonious, business-like pattern. Everything now seems to be carried on in what can only be called a harem-scarem manner."

"There must be a profit to carry on," said Irene.

"My dear, there cannot be a business-like and successful condition unless there is a profit to carry on with and to pay decent salaries to those who help. You are not living in India, but in a vastly different economy and dealing with people who have different standards of values. Most of those with whom you come in contact only know you and what you have to give by the outside you present to them. They are, for the large part, sleepers; the only thing that attracts their attention is glitter and glamor. In order to tell them anything that will appeal to them, in order to help them, you have to show the kind of an outside that they admire.

"Now, we feel that Mr. Liddon will meet with success in contacting those who are as desirous of helping in this work."

"I wonder if you could guide us a little in choosing them, Professor Luntz? I have been looking over our special BSRA list -- the people who have shown particular interest -- but many of them, although willing, are not financially in a position to do much," said Harriet.

"Yes -- and that must be considered. We wish always to face things when they come up and to act, if necessary, in the light of those facts. We felt in the past that it was all right for you to go through difficulties, to undergo privations; we wanted to see how much you were truly interested in the work. We have seen that now, and we feel that now is the time for you to be a little more relaxed in your living, to have some of the benefits of easier conditions.

"With regard to those to join in Mr. Liddon's plan -- I think perhaps four or five more would be enough --

(To Irene) "Now, we want to say to you and the Boy, however, that as things become more eased in your financial affairs, you must be careful to live within your means -- not to let this thing of credit enter in and debts accumulate."

"Most of the money Mark owes now is to hospitals and doctors -- that's what has kept us down," said Irene.

"Yes -- we know about that, we know it is the largest debt -- but we feel that it might have been handled better, that both of you might have been a little more careful. It would have been to the profit of you both if you had worked out a budget."

"But if you don't have anything definite coming in, you can't very well make a budget," stated Irene.

"That is so to some extent -- yes. We also wish Mr. Liddon to feel free to make any suggestions that he so desires at any time concerning the general activities and welfare of this Boy and his wife -- and we feel that his suggestions should be carefully followed.

"Now, as to the office matter: We think the entire situation should be gone over, and understandable notations should be made. You should get some definite understanding from Dr. Layne as to what he is agreeable to doing -- and have him make it in written form. After these notations are made as to what the group of you feel is necessary to be done, send it on to Mr. Liddon and let him judge as to what is possible to be done -- not only by his aid, but those others whose names you are sending to him, so that he can suggest to them what might be necessary to bring about the change or changes to put it on a sound basis. And remember, never must any of you take advantage of the aid we receive from others! We must do our part to earn it; otherwise we will lose it.

"Oh, these emotions! Heavenly day! (I say that instead of something more violent). We have sometimes made suggestions, and would have liked to have made many more, but we saw the resentments that would have brought on. But things are in such a state now that there must be a complete change in the honorable Dr. Layne's office arrangements; and if he does not feel it is best to make these changes — to abide by them — then we cannot do anything more about it. But we feel that the Boy and his wife and you (to Harriet) will be willing to make whatever changes are necessary, in any case ... I want to say that if this change does not come about, then the work will definitely collapse.

"As to those who would help -- I feel sure that the flyer, Mr. Darkhoff, is sincere in his offer to help with the mimeographing of seance reports. We feel that it would be better if these were taken completely out of the hands of Mr. Rogers. We do not mean to be critical of him, but he is too overburdened to do the job.

"Dr. Layne is a deep, deep thinker, a man of great knowledge and great ability to put it on paper -- an excellent writer -- but often he unwittingly has worked against better conditions. Again, let us say -- this thing must be put on a paying basis or it will not last. And Dr. Layne must abide by the laws of the land with regard to Government reports, etc. -- or he will find a Federal agent on his doorstep and perhaps incur heavy penalties. From now on, the entire thing must be set up on a sound and workable basis. Now, the energy is running out; I must go. Goodnight and our blessings upon you all."

Control withdraws.

MARK PROBERT SEANCE OCTOBER 26, 1950 San Diego, California

CONTROL: YADA DI SHI'ITE:

"Friends, your world is beset by so many problems that it would ever try the patience of the highest Angels. What is to be done? You know what? Nothing. There is nothing you can do. You know, life is very much like a river. We are standing on the bank by the river, and we can see down through its clear depths to the river-bed itself. Then all of a sudden there is a turmoil, a whirlpool; that particular spot in the river becomes muddy, turns up much. But if you will be patient, it will clear again. That is life!

"To do something is to create more churning. That is the attitude the Tibetans have adopted in this crisis of Communist invasion. Nehru conferred with the High Lama of Lhasa, and was told to keep the attitude of passivity; that is what won for India through the efforts -- of doing nothing -- by the most honorable Mahatma. 'Let them come!' Like the winds, like the great storms that sweep across that part of the country,

it will all abate sooner or later. It is not the first time that Tibet has been over-run, swarmed over by what is called an enemy. They have come and gone, and conditions in Tibet have remained the same.

"To resist strife by active methods means to create greater strife. If we could but learn that! If we could understand it clearly, we would have no problems. It is not important, as I heard the lady over there say a little while ago, what is happening out here (indicating outer space); it is what is going on in here (touching breast) that matters. This out here is always turmoil; this in here is quietude, heaven. It makes a stirring up in here, the sacrifice of your peace, your heaven, when you make an active effort to stop what is going on out here.

"Man is always struggling, and always complaining that he has difficulties to overcome; that the world must find peace; that there must come some form of Utopia upon the Earth. In your English way of expressing such a thought, you are but chasing a will-o'-the-wisp. For not until the individual cultivates the <u>inner</u> self will wars cease out here.

"The forming of peace groups means the breeding of war. Strange, isn't it? Why is this so? Mainly because each member of the group has his own special individual idea as to what must be done to bring about peace; and it is likely that before long they will be using their fists or clubs in order to bring about what they call peace.

"Your Christian Bible says, 'There shall be wars and rumors of war as long as the world endures.' Now all those who make such claim to believe all that is written in your Holy Bock are doing all they can to deny that Book by creating a 'Peace Group'.

"Passivity is always a very sharp weapon. Had the world left the Chinese and the Japanese to carry on their own war, it is likely that the Japanese would have taken China. Could this be evil? No -- for in not too long a time all the Japanese would have become Chinese. Where there is lust for physical satisfactions, there is blindness for the soul. Where there is blindness of the soul, it means interbreeding.

"Now, after the Chinese had absorbed the Japanese people, they would have been once more all Chinese -- so, who would have to worry? The greatest trouble with you of the Western world is that you think you are the superior race, and therefore it seems obnoxious to you to think of breeding with another race -- but that is what is happening all the time in war."

(end of notes).

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